



Uki News

An initiative of the Uki and Districts Residents Association (UKIRA)

Issue 100 / June 2018 / July 2018

Edith Steiner

Mountain Bike Tracks - Who Needs them?

Hugh Flower

The Tweed Valley Mountain Bike Riders (TVMTBR) have submitted a Development Application (DA) proposing the use of part of the Uki Water Treatment Plant at 165 Smith Creek Road be used as a recreational mountain bike track. As president of TVMTBR, our committee has spent the last 3 years bringing this DA to fruition.

Why do we need this?

I grew up at Midginbil through the 1980s, riding horses at the Uki Sporting Horse Association and Tyalgum Diggers, spending my youth exploring 400 acres of back yard and taking 4wd trips to every mountain range and creek in the Tweed. I returned to the Tweed three years ago and found we couldn't afford 400 acres, or a horse, State Forests had turned into National Parks and land owners increasingly restrictive to public access. With two girls aged 7 and 9, I found I have to drive to Casuarina or Murwillumbah to find safe cycling areas not inundated by cars and there are few easily accessible walking trails that our children can immerse themselves in nature, despite the Tweed having some of the greatest natural assets in Australia.

Despite our beautiful local environment there is a reduced ability for children to engage in their natural environment-particularly on their bicycles. The lack of non-competitive recreation opportunities in Uki means our youth are being locked into their lounge rooms for lack of "safe" and accessible areas to ride, play and explore.

The proposed 6.4kms of mountain bike track is to be a public space, accessible during day light hours only, and will cater to beginners through to intermediate riders. The trails will be built to International Mountain Bike Association standards which are used and adopted by all the National Parks in Australia so as to be sustainable with low impact to the environment. Being a public space, everyone will be welcome even if you're not on your bike, come along and check it out. The club shall also be working towards regeneration of the area where feasible and is working with the local grazier to ensure we maintain good grazing operations and stop illegal motorised access.

There are many success stories across the world as to the positive impact mountain bike trails have, improving

opportunities within local communities. The proposed track will be modest in comparison and is unlikely to attract the huge numbers that large tracks do. We envisage that the majority of riders will be local and the daily vehicular traffic generated will be no more than a normal household dwelling.



I hope to enjoy riding these trails, but what is more important, is that local children, visitors and others can experience the joys of exploring and immersing themselves in the natural environment; that they grow up knowing if we want to keep it, we need to protect it. If kids never have the opportunity to enjoy nature, they will never understand its true value. So that's why I think that, yes, we need the proposed trails. I hope you feel the same and invite you to put forward your support by adding your comments to the DA.

To view the Development Application go online to the Tweed Shire Council DA Tracker page and view DA 18/0359 in the "On Exhibition" section. This DA will be on view and open to comment until June 15. Go ahead and have your say.

We've made a Century

From the Editors

I've been looking back on one hundred issues of Uki News spanning 18 years. Issue one was published in May 2001 as an initiative of the (then) Uki Village & Districts Residents Association. It's been a real education in the recent history of Uki and the changes and challenges that have occurred over time. What struck me was the impression of a vibrant, supportive and cohesive community with a strong thread of civic duty.

When I go through the issues I see the valuable written contributions of Uki residents that have made the paper such a relevant read. This 100th issue marks the return of the Uki Gardening club as contributors, it's great to see their return as they were early contributors to the paper. Other notable long-time contributors include Judith Magee, Anita Morton, Phil Carr, Paola Emma, John Tyman and members of the Uki and South Arm Historical Society.

Uki News would not be printed without the CTC which was opened October 2002. I find it a testament to the volunteering spirit alive in Uki that this institution remains one of only two viable community technology centres remaining in Australia, after the hundred or so that were established around the country in the early 2000's.



The paper also owes a lot to the support of local advertisers who contribute to the cost of printing. And, it has all been underpinned by the work of past editors: Edwin McPherson, Colin Funch, Philip Carr, Tessa Martin, Tony Grumley, Linday Treasure, Anita Morton, Sue Kinneally, Co-editors Brendan Esposito and Kylie McCaffrey and now Jeff Gant.

To see how far Uki has come in the last 20 years take a look at some past issues here. For more in-depth reading visit the CTC Web site -

(<https://www.ukivillage.com.au/uki-news>)

or for research purpose, visit the Uki and South Arm Historical Society who have archived every copy since issue one.



Contact Uki News: theukinews@hotmail.com

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Letters To The Editor



We'd love to hear from you... Send your letters to theukinews@hotmail.com.

A Question of Grammar

Howard Dickie

The last edition of the news was most disappointing with regards to content and grammar. Why has it become a platform for self-promotion? Why isn't anyone checking for grammatical and spelling errors? Brendan should be alerted to the difference between residence and resident. Louise needs to know how to use the words 'rouse' and 'ruse', 'you' and 'your'.

Brendan may have spotted 'paraphilia' (a preference for, or addiction to unusual sexual practices) at the Post Office, but the rest of us missed it. I'm sure Lisa's partner Alan is alive and well and still sculpting. This would make him a sculptor.



Good on you Howard, you're quite right, there were a large number of spelling and grammatical errors in the last edition. What a shocker! There was a deviation to the normal editing process which missed these clangers... speaking of deviations, I quite liked the 'paraphilia' slip up, I'm still getting a giggle out of that one.

In the interests of quality improvement, we have decided to start a new competition: please write in with as many spelling and grammatical errors as you can find in each issue and the reader who finds the most will win a lifetime free subscription to Uki News. In the meantime, watch out for the strange goings on in the post office...
Brendan...

UKIRA Report

Samuel Quint

Welcome one and all to the 100th edition of The Uki News, we trust, always that it finds you well. It seems an increasingly rare thing to see any hard copy news celebrating milestones, many thanks to all involved over the years. It's a long list from editors, advertisers, article contributors and you the reader! There truly is a You in the Uki News, and let it reign so for another 100 editions forth!

UKIRA has been active with a range of matters of late, we've been communicating with Council community engagement officers about disaster recovery initiatives, access and inclusion initiatives and waste and recycling initiatives. Regarding the access and inclusion initiatives, the Council will be holding a public meeting on Sunday 10th June from 9.30-11.30 at the Uki Hall where they hope to hear about the barriers that exist in Uki Village preventing residents from being part of the community.

UKIRA recently made a submission to the Shire Council to increase pedestrian and vehicle safety at Norco street in the centre of the village. Ideas put forward included a new pedestrian crossing at the entrance to Norco Street and, reducing the speed limit to 10kmph and marking the road surface to indicate it as a 'shared' zone. Council has advised that they will consult with us soon to explore this submission further.

Thanks to dedicated efforts of two local volunteers, there have been steady improvements to the grounds and gardens of The Old Buttery Factory. As they find time, Jenny and Camille have been trying to get to the Buttery to tackle



weeds or do some mulching or planting with the aim of beautifying the grounds. This is an ongoing project so let them know if you can help.

Your local residents association continues to support a range of community events including the Ukiopia Festival, Images of Uki and the monthly Buttery Bazaar. We are always happy to support worthy local community groups and projects. You can email us at: ukiresidentsassociation@gmail.com, mail PO Box 3141 Uki, NSW, 2484 or come along to a meeting to see how we may be able to help your group or idea!

We will be holding our AGM on Tuesday 3rd of July. The meeting will be held in the Uki Hall meeting room (out the back), starting at 7 PM, all welcome. The 100th edition seems a nice time to set out the original goals, from 1988, of UKIRA itself. These are: To be an effective and representative body of Uki Village & Districts, To promote participation in local issues, To promote community awareness & pride in the area and, to promote friendship amongst residents.

My personal favourite being friendship. Till next time. Cheerio. ✨



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Tip & Tricks for Windows 10 Users

Louise Bally

The sometimes named “sprawling beast” that is Windows 10 has presented itself to many as a particularly unfriendly operating system that no longer has those features that you spent so many years becoming familiar with. While this may be true in part, there are in fact a lot of hidden features that allow the user to customize the GUI (graphic user interface), making it much easier to use and tailoring it to your particular needs and preferences. It was in fact designed this way.

The Secret Start Menu

Right clicking on the far left lower corner windows button will give you a textual menu that is customisable, but by default comes with a variety of commonly used features you would have seen in your old “start-menu” on previous Windows builds such as Programs and Features, Search, Control Panel, Run etc...

Secret Desktop Button

This was also available in Windows 7, despite many people not being aware of it. In the far right of the screen at the bottom, beside the date and time. A small oblong button, which returns you to the desktop at any time. In settings, you can change its behaviours between clicking or just hovering over it.

Make File Explorer open to This PC instead of Quick Access

Many Windows 10 users feel cheated by the new quick access function that comes up when you click on “this PC”, they prefer the old school file explorer. Do the following:

1. Open File Explorer, click on View tab in Ribbon and then click on Options, and then Change folder and search options.
2. Folder Options will open. Now under the General tab you will see Open File Explorer to:
3. From the drop-down menu, select This PC instead of Quick Access.
4. Click on Apply and exit. From now on you click on the Explorer icon, you will find that it now opens to This PC.

Screen Rotation using the Keyboard Ctrl-Alt-Arrows

Simultaneously pressing Ctrl + Alt + D and any of the arrow buttons, you can orient your display any way you want. The down arrow turns the screen upside down, while the left or right arrow keys will turn it 90 degrees on its side, and the up arrow will return it back to standard. A useful tip for people using multiple displays.

Enabling ‘God Mode’

Some Windows users like to have access to functions and customizations not usually offered. Create a new folder on the desktop, by right clicking and choosing new folder and then name it with the following code: GodMode. {ED7BA470-8E54-465E-825C-99712043E01C} then



double click on the folder and off you go, you will have access to many system settings. You can name the folder anything you like as long as the “.” and everything after it is included in the name.

Right-Click on Tiles

This handy tip will bring up a menu to enable you to customize each and every tile. You can easily resize the window, turn their visibility on or off, pin them to the start menu or task bar and share with others.

Shake

This feature was made available when Windows 7 came out, although not many people are aware of it. If you grab the top of any window with your mouse and “shake” it, all other open windows will minimise. Repeat the action to bring them all back.

Right-Click on the Taskbar

This function has been greatly improved for Windows 10 giving the use access to toolbar creation, taskbar settings, touchscreen setting and a lot more. Have a play with it to see all the options.

Drag to Pin Windows

For those that require access to several windows at one on the screen, just drag your chosen window to any corner, to place it in that quarter of the screen. Repeat this for the other three corners and you have four active windows on the screen at once. This function was available in Windows 7, but only for the left and right halves of a screen.

Hidden Games in Cortana

Open Cortana and type (or say) “Rock Paper Scissors,” “Roll the Die,” or “Flip the Coin” and these hidden “time-killers” will appear to give you something to do when you need a break from your work. A trivial addition to Cortana in Windows 10.

I hope some of this is helpful to you. If you have any questions about your computer visit me at Tweed Creative Studios, or call 0406 217 804





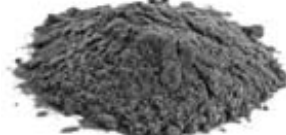


Food as Medicine

Judith Magee

Hippocrates, Ancient Greece's most famous physician, is credited with saying "Let food be thy medicine and medicine be thy food." More than 2500 years later, this central premise remains an important truth. Good, fresh, whole food provides our body with energy and critical cofactors to sustain millions of biochemical pathways and processes; the items in our gardens, spice jars, pantry and markets provide so much more than deliciousness as outlined in some examples below.



<p>Cinnamon</p> 	<p>Traditionally used as a stomachic and carminative for gastrointestinal complaints, Cinnamon also helps balance blood sugar levels, promoting release and responsiveness to insulin. It is therefore indicated in disorders associated with blood sugar dysregulation like Insulin resistance, Metabolic Syndrome, Sugar cravings, Diabetes, Gingivitis and Thrush</p>
<p>Garlic</p> 	<p>Anti-inflammatory, Antioxidant, antimicrobial, modulates cholesterol synthesis, Inhibits clot formation and a powerful therapeutic agent against gut pathogens. Indicated in the treatment of Gut dysbiosis, Small Intestinal Bacterial Overgrowth (SIBO) and for acute & chronic. Note - Heat inactivates the most therapeutically effective constituent allicin, so raw is the most potent way to use. Allowing crushed/ chopped garlic to "stand" for at least 10 minutes prior to cooking may result assist in the formation of allicin</p>
<p>Thyme</p> 	<p>Thyme has powerful antimicrobial, antiseptic and antibacterial properties and is traditionally used in upper respiratory infections. Fresh or dried leaves can be steeped for Bronchitis, Cough/colds, Tonsillitis, Sinusitis, Catarrh and also can be used as part of a Steam Baths or Inhalation</p>
<p>Corn Silk (Zea Mays)</p> 	<p>The stringy 'silk' which is often discarded from fresh 'corn on-the-cob' is traditionally used to help relieve cystitis, urethritis, UTIs and chronic inflammation of the urinary system. Method/Dosage: soak 0.5g of dried organic corn silk in 150ml of boiling water for 5 – 10 minutes. Repeat and consume 3 time per day</p>
<p>Chlorella</p> 	<p>An excellent source of chlorophyll, carotenoids, lutein and zeaxanthin, plus trace amounts of B12, Chlorella is a powerful medical food support for toxicity, oxidative stress, cataract prevention, poor immunity, inflammation and weight management</p>





Naturopath
Homeopath
Herbalist
Nutritionist
Counsellor
Educator

Judith Magee

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Smoke Alarms Save Lives

Brett Ryan (Captain Uki Rural Fire Brigade)

NSW Rural Fire Service advice for the prevention of house fires:

- Don't overload power boards.
- Turn off heaters and electric blankets before leaving the house or going to bed.
- Keep candles away from curtains and put them out before leaving the room.
- Don't use LPG cylinders indoors, as they can leak. The gas is toxic and highly explosive.
- Ensure that you have a working fire alarm.

If you are in a house fire, **GET DOWN LOW AND GO GOGO** to the closest safe exit. The smoke might be just as deadly as the flames, thus this classic piece of safety learning for children. Conditions in a house fire might seem terrifying and utterly confusing. The NSW RFS recommends that households have an evacuation plan and practice it with their families. For All Emergencies Call "000" www.rfs.nsw.gov.au



Uki Ecstatic Dance

Music by Narayana (Willow Beats)



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Medicine For The Body & Soul

Autumn Beauty

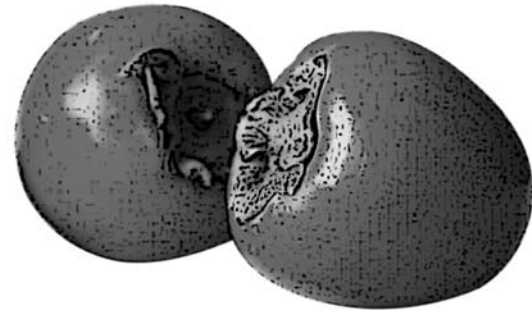


Anita Morton

In cold climates, gardeners enjoy gloriously colourful deciduous trees in autumn – some compensation for the frosts to come, I suppose. In the subtropics, our choice of foliage trees is smaller, but one delightful option available to us is the persimmon.

The newer varieties of this fruit tree are smaller than the older types, reaching about 5m and thus ideal for smaller gardens. Persimmons have a pleasant shape even when left unpruned, and their summer foliage is attractive and fairly dense, so that the tree casts plenty of cool shade. In the autumn the leaves turn to shades of peach, orange, red, yellow and even burgundy – very spectacular! The yellow to red fruits hang on the tree after the leaves fall, so a tree that bears heavily will retain interest for months.

These heavy-bearers tend to be the older, astringent-fruited varieties. The fruits of these trees contain lots of tannin, and are mouth-puckeringly awful if eaten before they are completely soft. Newer, non-astringent persimmons don't contain these tannins, and can be eaten straight off the tree like an apple, or allowed to ripen indoors into the same melting sweetness as the older types.



Because of the fruit-fly problem, late-ripening persimmons are better in our region. The fly may still sting, but the eggs won't hatch until the fruit softens. Snip off fruits while still hard, but fully-coloured, and ripen them indoors.

'Fuyu' is a late, non-astringent type that will have a few fruit without needing a pollinator nearby, so it's a good choice if you mainly want the autumn foliage. However, 'Fuyu' and other non-astringent persimmons will produce far more fruit if cross-pollinated, and gardeners who truly love this soft, sweet fruit and have the space will probably want to plant two trees. According to the ever-reliable Louis Glowinski (The Complete Book of Fruit Growing in Australia), good pollinators include 'Zenji Maru', 'Gailey' and 'Triumph'.




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From Uki Garden Club



Sue Holzknacht

Julia Hancock started the Uki Garden Club in Uki in 1998. She placed a notice in a local shop, and eleven people attended the first meeting in Julia's home. The club was formed to enable members to meet fellow gardeners, and to share and learn about local plants and growing conditions in the Tweed (see www.ukigarden.club)

There are now more than 120 members. The aim of the Uki Garden Club is to promote friendships through gardening. We meet twice monthly in members' gardens (visitors welcome). Our interests include sustainability, organic and permaculture principles and identifying plant varieties suitable to local conditions. We also discuss using chemicals in our gardens and natural alternatives, soil conditions, insects, birds and other wildlife in gardens and other broader topics.

Our club is really a gardening social club. We also maintain contact through the UGC Facebook page, the monthly Newsletter and the Website. Anyone is welcome to join and post on the Facebook site uki.garden.club

This year is the 20th Anniversary of the founding of the Uki Garden Club. We are planning a large party in Murwillumbah, on Saturday 17th August. The club will also have a display of gardening photos, memorabilia and art in

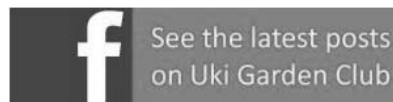
the Murwillumbah branch of Richmond-Tweed Library.

Tips for Autumn Vege Gardens

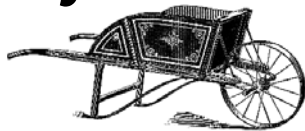
- Harvest pumpkins and store somewhere dry.
- Prepare soil for Winter crops: turn in well-composted manure, compost, or green manure.
- If you want to rest part of the garden until Spring, sow a Winter cover crop (bags of Green Manure Seeds available from Williams Town and Country @ \$6.20 per kg, apply 1 kg per 100 m²).
- Plant Winter vegetables: Brassicas (broccoli, cabbage, kale); beans; eggplant.
- Plant Broadbeans in a sunny spot. Plant "Early" and "Late" varieties for a longer picking season. Place a stake next to each seed to support later growth. Pinch out tips.
- Intercrop Broadbeans with quick-maturing greens like lettuce, Japanese spinach, mizuna.
- Water seedlings from a watering can with weak compost tea*, diluted worm juice, Seasol or Charlie Carp. "Water weakly weekly" says Don Capner, our Gardening Guru!
- Plant herb seedlings, anywhere in the garden in full sun. Try parsley, oregano, coriander, thyme, and comfrey roots*.

Happy gardening!

* More about comfrey and compost tea next time.



Uki Community Gardens Event



Greg O'Donnell

On Saturday 28th July there will be a mid-winter lantern night at the proposed Uki Community Gardens site south of Smiths Creek Bridge. Bring the family along to celebrate winter and 'sow the seeds' for the next phase of the gardens:

- Make and parade lanterns
- Sing and play music
- Share a meal together
- Create a montage of activities for the gardens

This is a great opportunity to meet other people who are interested in the gardens and to make an important

contribution to its evolution! It will be a great family fun event and the kids can get involved by bringing /making lanterns and parading them around the park!

The gathering starts at 3pm and will finish at 7pm. Location is the parkland between Smiths Creek Bridge and the village beside the Tweed River. Bring a pot of soup to share and rug/chair to sit on. Gold coin donation towards the Community Gardens.

For enquiries phone Greg O'Donnell 0403 203 963.



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Penchant for Pedantries

Past Tensions

Anita Morton

English is a very difficult language to learn as an adult, partly because we have so many 'irregular' verbs. Irregular (in this case) means that they don't follow the normal pattern when we are using the past tense. A quick reminder – a verb is a 'doing' word, and in its basic form we write it with 'to'. Examples are to *do*, to *run*, to *read*, to *buy*, to *think*, to *go*, to *arrange*. The past tense is the one we use when we're talking about something that's already happened or perhaps is hypothetically happening in future (if he ran every day, he would soon get fit). To make matters even more complicated, there are four different forms of past tense – past simple (ps), past continuous (pc), past perfect (pp) and past perfect continuous (ppc).

Take *to do*, for example. This is an irregular verb, and becomes *I did* (ps), *I was doing* (pc), *I had done* (pp) and *I had been doing* (ppc). Fun for all ages! The rest of our verb list is set out in the table above:

As you can see, the regular verbs are relatively easy to remember in their various past tenses, as there are only two past-tense versions. The irregular verbs are tricky, with no set pattern or form, so the only way to learn them is individually – and I really can't emphasize enough the value of regular reading. You will pick up the correct use of past tense very easily and naturally if you make a habit of reading – just choose something you enjoy.



Pedantry

— 3 —

☞ Connotation: Negative

☞ Etymology: Italian *pedanteria*, from *pedante* teacher

Verb	Past Simple	Past Continuous	Past Perfect	Past Perfect Continuous
To run (irregular)	She ran	She was running	She had run	She had been running
To read (regular)	He read	He was reading	He had read	He had been reading
To buy (regular)	She bought	She was buying	She had bought	She had been buying
To think (regular)	He thought	He was thinking	He had thought	He had been thinking
To go (irregular)	She went	She was going	She had gone	She had been going
To arrange (regular)	He arranged	He was arranging	He had arranged	He had been arranging

Help us to help you...

At Uki CTC we are committed to supporting the Uki community by providing internet services, printing services (including the Uki News) and advertising platforms for local businesses. We invite local businesses to consider the following opportunities to further promote your business activities to the Uki community and beyond.

1. A promotional presence in the Uki Community website. As an online site your message can be accessed by all who search for local businesses and all things Uki.
2. The Uki Village Information Brochure. A trifold brochure outlining local Uki attractions, cafe, dining and accommodation offerings with a brief overview of life in Uki. The brochure can be personalised with the addition of a business card size graphic advertising your business.
3. A personalised annual calendar promoting you business. Start your advertising early by having your personalised calendars available well in advance. A big hit with customers.

We welcome your inquiries to discuss these opportunities to help promote your business.

All inquiries can be directed to:
Wendy Redpath at Uki CTC by phone on 6279 5399
or email ctc.uki.nsw@gmail.com



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Relationship Health

Heather McClelland

What a boost to see 'Gurrumul' the movie? Here we met one who rose above the blindness his parents thought would stultify his life. We were magnetized by the magic of Gurrumul Yunapingu's voice/songs/ethos but also had a chance to grow in our understanding of his cultural context and his people's many ways of building connection.

We glimpsed the impact of his and his people's music, of their dance and their ceremony, awash with meaning. We saw laughter and we heard the power of words. No doubt our understanding quailed when commercial gain was forced to give way to this culture's norms of passing knowledge down through the generations! It made us reflect. The intimate relationship between Gurrumul and Michael, also at the heart of the film, gave us hope that genuine connection is possible even when understanding is fragile.

Perhaps you have heard of the success of the female artists of outback Yuendumu? The commercial development of the art centre there has been catalyzed by the work of two women who migrated here from Peru. They have mentored the artists over many years and their



inclusion of backpackers from around the world to support 'the creatives' with salad sandwiches, has allowed the next generation to bask in the shadow of an ancient culture.

Long before colonization, singing and chanting was strong in the traditions of the Western Annarnta and Pitjantjatjara peoples. Around 1870 German Lutheran missionaries following policies of assimilation, introduced Baroque songs and hymns. But, by translating them into the local languages, they assisted in their preservation. The documentary, 'The Songkeepers', also recently shown at The Regent, tells of an aboriginal women's choir which in 2015 wowed audiences in Germany by singing that country's old music in their own harmonious languages.

Recently there's been a sense of excitement around Uki as artists prepare for exhibitions such as Post Art Uki, Murwillumbah Art Trail and The Border Art Prize.

As with music also around Uki I see a connection with our indigenous brothers and sisters. Creativity brings connection. It provides more ways of enjoying diversity and the possibility of solving problems collegially. ✧

New Access and Inclusion Plan for Tweed Shire

Invitation to a community meeting to talk about access and inclusion in Uki

Access means you can go where you need to and want to in the community.

Inclusion means you feel you belong and are treated with dignity and respect as a valued and equal member of society.

In 2014 Council made our first plan to improve access and inclusion in Tweed Shire. We made the plan after talking to lots of people about barriers that prevent them being part of the community.

It is time for us to make a new plan. We need to talk

with people again to find out what more we need to do. We want to make sure the right things are in the next plan to build on what we started in 2014.

Date: Sunday 10 June


Time: 10am

Place: Uki Hall ✧

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Sue McKenna

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To book a stall at the monthly Uki Buttery Bazaar please contact Lisa on 0487 329 150.

JUNE Buttery Bazaar

Sunday JUNE 17

Kiara Jack

Melding indie and spiritual evolution, multi-instrumentalist and singer-songwriter Kiara Jack brings you a fusion of alternative, blues, roots and folk to illuminate even your wildest musical curiosities. The live performance lures you in with surreal and captivating euphony.

At the centre of the recordings is the eclectic-edged sound of Jack's voice, delivering deep and meaningful songs with a soulful essence. Jack will be joined by special guests, looking forward to this folks!



JULY Buttery Bazaar

Sunday JULY 15

Raku One O'Gaia

Raku One O'Gaia's soul, blues and gospel infused music is super-charged with feel good vibes. From Jamaica, via the U.K, Raku now lives on the East coast of Australia. He's an artist who has rapidly developed a positive reputation with the high energy performances that are his trademark. An adept multi-instrumentalist he brings a wealth of influences to the bear in a genre hopping blend of roots music... all delivered with unique style and singing voice that has real range, subtlety and power. Expect groove-laden rhythms on guitar, mouth-harp, slide guitar and assorted percussion to move from story-telling acoustic-soul to toe tapping delta blues, to road-ready funk and R&B, all in the service of some of the most inspiring songs played back to back... anywhere.

"Raku One O'Gaia has an uncanny ability to engage the very soul of an audience. An incredible performer with a wonderful energy..." Sandy McCutcheon ABC Radio.

"Raku One O'Gaia ...warming, soulful and upbeat A show not to be missed..." No. 5 Church Street.

"Great sound coming from that axe ...and that voice ... Absolutely Magnificent!" Karl Stefanovic Channel 9 Today Show.

Raku One O'Gaia has featured on recorded work alongside John Butler, Paul Kelly, Xavier Rudd, Archie Roach and Tex Perkins. He has opened for Ash Grunwald, The Black Sorrows, The Commitments, Dragon, James Blundell and Kasey Chambers and has featured at Broadbeach Blues Festival, Woodford Folk Festival, Byron Blues Festival and The Commonwealth Games.

This is gonna be a great day peeps, see you all there!



Between the Somme and Elcho Island

John Tyman

Centenary celebrations are times for looking forward as well as back.

In his address to the Press Club on the eve of Anzac Day, Richard Flanagan spoke of the obscene slaughter of young men during "The Great War", fighting and dying far from home. He also spoke of the cost of the new museum at Villers Bretonneux, and of the many millions budgeted for additional memorials. "Those who lost their lives deserve honour... But when veterans struggle for recognition and support for war-related suffering, you begin to wonder what justifies this expense".

He noted that in spite of investing in such monuments to the "horrific suffering of war" our government wants to see the Australian arms industry become one of the world's top ten exporters of such hardware, taking advantage of what are hailed as "rapidly growing markets in Asia and the Middle East" ... the very region from which hundreds of thousands of asylum seekers have fled for their lives, ... some of them imprisoned on Manus Island and Nauru. "The challenge that faces us, the grave and terrifying challenge, is to transform ourselves as a people... to create for ourselves a liberating vision founded in the



full truth of who we are as a people" and that "means Australia facing up to the truth of its past".

He asks, if we were actually genuine about remembering patriots who have died for this country – why would we not first spend \$100m on a museum honouring the at least 65,000 ... Indigenous dead who so tragically lost their lives defending their country here in Australia in the frontier wars of the 1800s? Why is there nowhere in Australia (a museum) telling the stories of the massacres, the dispossession, and the courageous resistance of these patriots?"

The problem with museums, though, is that they are focused on the dead, not the living; on the past not the future.

I found the movie "Gurrumul" deeply moving ... the story of the blind musician from Elcho Island who was able to share with the world a small fragment of the spiritual wealth of his people. When he is at the Opera House in Sydney his friend looks up at the roof covered with thousands of

tiles and suggests that if a few tiles fell to the ground and broke people would take notice and do something to save the building: but every year thousands of Aboriginal songs and stories, and language fragments are lost and no one seems to care.

If we allow this to continue our whole nation will be impoverished ... culturally and spiritually ... and, if we cannot care for this land, materially also.

Rev. John Tyman, Holy Trinity Church, Uki.





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The Road To Uki

Esma Thompson

Recently we have had traffic delays when travelling from Uki to Murwillumbah due to road repairs and I thought the following "Tweed Daily" newspaper articles might be of some interest to locals.

THURSDAY 8th JANUARY 1914, STONES THAT WEIGH STONES.

Many complaints are to hand from the South Arm relative to the size of the metal that is being placed on the road between Byangum and Dum Dum. The metal is so large that it is doubtful if it will ever set properly. Yesterday [several men] selected some of the stone and sent it into town in order to show the people what is being done by the stone crusher. One junk of metal proved itself to be a stone – for it weighed exactly 14lb. Other junks were fully 8 and 9 inches in length – more than double the regulation size of a macadamised road. The South Arm people want to know of the Shire Council "what for" and "for why"? This sort of work costs a lot of money and the Shire ratepayers – particularly those up the South Arm – want to see a good job made of the work instead of an unsatisfactory and clumsy muddle....

THURSDAY 24th NOVEMBER 1921, BYANGUM FERRY

The following figures gave some idea of the number of journeys the Byangum ferry took on the second day of the Tweed show: From Uki – Sulkies 176 - passengers 528; private cars 8 - passengers 50; service cars 11 - passengers 118; lorries 5 - passengers 8; carts and drays 12; saddle horses 53; bicycles 16; loose stock 23 making a total of 305 vehicles and stock and 785 passengers....

MONDAY 14th MARCH 1921, ANOTHER MISSING LINK

Our Uki correspondent writes:- The recent rains have [made it difficult for] residents on the [local] roads [and] have seriously added to the troubles with regard to the communication with ... Murwillumbah.... The old road, [Bakers Road] over the hill, although it has recently been repaired is very unsuited for either passenger or heavier traffic. Service cars now run to Byangum [then] passengers are taken across [the South Arm by row] boat and are met on the north side by other cars.



Photo courtesy of Tweed Regional Museum US000496

On Thursday Mr J. H. Faulks who carries the [butter] from the local [Uki Butter Factory] (no insignificant amount) plugged his way through along the old road with a horse lorry. In the face of many difficulties he arrived at his destination – and returning with a light load, in many places was axle deep, and finally the ruts became so deep and the difficulties so great, that he broke a pole. Then, again, our mail has to traverse this road. It would seem that the South Arm has been entirely neglected, and it is certainly time that the people awoke and demanded a decent, dependable and trafficable road at all times between Uki and [Murwillumbah]. That a progressive and growing district such as the South Arm should be in such a plight is nothing short of a scandal. If the [Byangum] bridge cannot be built, then why not some other level and well-maintained road? It is certainly bad enough -perhaps too bad - that settlers "out back" should be blocked from communication with [Murwillumbah], but when the main roads and main communications become unusable, it is certainly imperative that something should be done. The local carrier, Mr J. H. Faulks has invested in a new one-ton motor lorry which he hopes to make three trips daily, but while such conditions exist his energy and enterprise, not to mention the convenience to local residents is wasted....

The Old Byangum Bridge was opened at noon Saturday 31st July 1926.

For more information or enquiries the Historical Society is open Wednesdays and Thursdays 10am to 3pm and every third Sunday of the month. Visitors are welcome.

Contact: Esma Thompson (secretary)

Ph: 02 66795890

Ph AH: 02 66799121

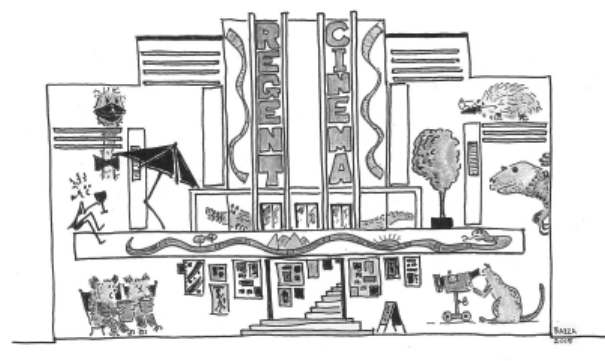
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Uki Refugee Project Update

Busy Start for 2018

Bryan McClelland

Refugee action and support started with a rush in March with three key activities being undertaken by the Uki Refugee Project (URP).

Advocacy and education:

On Sunday March 4th, at 2pm at the Regent Cinema we had been given the incredible opportunity to show the feature length documentary 'Chauka, please tell us the time'. It was filmed from inside the Manus Island detention centre over a period of several months on a mobile phone, in secret from the prison authorities. We believe this was the first screening outside the metropolitan areas in Australia.

Practical help and Support:

A Fundraising Concert in the sensitive acoustic of the Uki Church, March 17th at 7pm. *Kim Banffy* dubbed 'The Poets Songwriter' for the evocative word pictures in her lyrics and the wonderful singers from the *Songbirds* gave of their time for this event.



Last but not least,

Friendship Building:

Our next Friendship Visit was held over the weekend 24/25 March! As well as accommodation in Mt Warning Forest Hideaway, with the new owners eager to continue the hosting tradition, we hosted refugee families in local homes and had local people come along to make the weekend a memorable one..

Do you want to get involved?

Contact: ukirefugeeproject@gmail.com, or ring Bryan 0428166783

Rubbish, rubbish!

Anita Morton

We have a continuing problem in Uki – people are filling the public bins with domestic rubbish, and dropping their rubbish into other people's bins. This is not OK. We live in a small, close society, so you really don't want a reputation as an antisocial idiot.

That said, how to cope if you haven't got a bin service? Yes, you will have to take your rubbish to the tip yourself, and pay to dump it, so it makes sense to reduce the volume as much as possible. All organic matter, including natural-fibre clothing (with seams, buttons, zips etc cut off), paper, cardboard, scraps both vegetable and animal, hair etc can be broken down on your own property.

You will need a set of at least three 1m² compost bins – star pickets and bird wire will be perfectly adequate. Site your compost bins where they are a bit away from the house, because they will attract rats. Keep a bucket or caddy in the kitchen and add your food scraps, peelings

etc. Empty into the current compost bin and cover with some grass clippings, weeds or woodchips. Once a week, add some chicken manure pellets or other fertilizer and hose the heap to keep it moist. Don't expect hot compost – this is a cold process and takes time. That's why you have several bins. Do not add meat scraps or bones to this heap.

Disposable nappies are a special case. Yes, you can partly recycle them. Scrape any poo into the toilet first. Collect the day's nappies and take them out to a special, reserved compost bin that is just for nappy waste. Rip each nappy from front to back and empty the absorbent padding into the compost bin – you'll be left with just the plasticky covers. Rinse them and store them flat in a sealed plastic bag until your next tip visit. Cover every day's nappy fibre with grass clippings and compost as above. Use the contents of this compost bin only on tree crops or non-food areas of the garden.

Excess paper, wood and cardboard goes in an incinerator (carefully sited in a clear area with no overhanging trees). This is where your meat scraps and bones go, too – keep them in the fridge and have a burn once a week.

All tins, bottles, jars, plastic containers and cans go (rinsed out) into crates you store in the shed. These can be dropped off at the recycling area of the tip for free. Some of them can go in the new 'Return and Earn' station – check the label.

Plastic film packaging can go back to the bin outside Coles in Sunnyside. Stuff larger bags with smaller ones to reduce the volume and take it in whenever you have a bag-full. Hard plastic shell packaging is a pain. The best way to deal with it is to not take it home in the first place – ask for some scissors in the shop, cut out your purchase and leave the packet. They have a skip – you don't.

Check out the Council's website for full information on what you can dispose of where – they have programmes to deal with lots of problem items such as gas bottles and paint, and it's free!

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Uki Public School 125 Years Celebrations



2020 will mark 125 years since Uki School began educating the children of the Uki District.

To begin planning celebrations for this significant, historical occasion, a meeting will be held in the school staffroom on **Monday 6 August at 6.00pm**. It is anticipated that a formal committee will be established at this meeting to fully plan and coordinate the celebrations. Please come along if you are interested and would like to be involved. Enquiries may be made to the Principal of Uki Public School, Rachel Watkins, through the school office on 02 66795128.

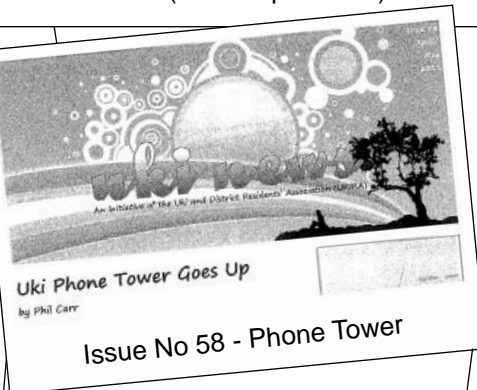
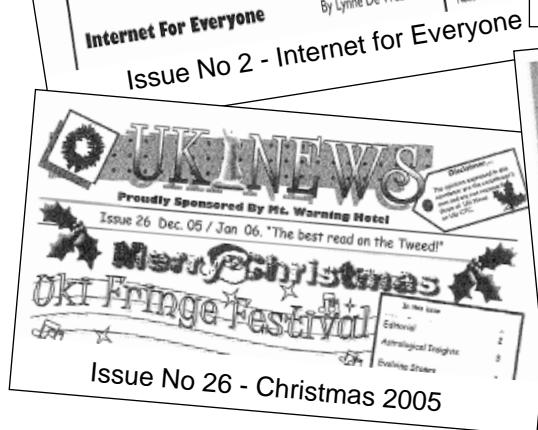
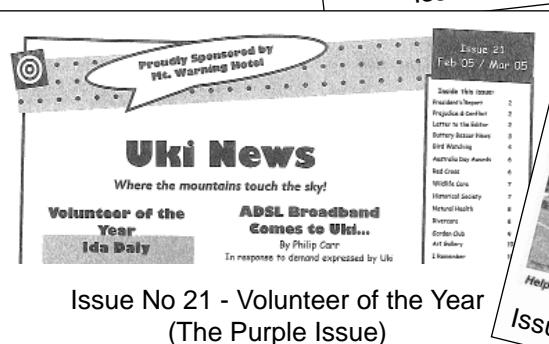
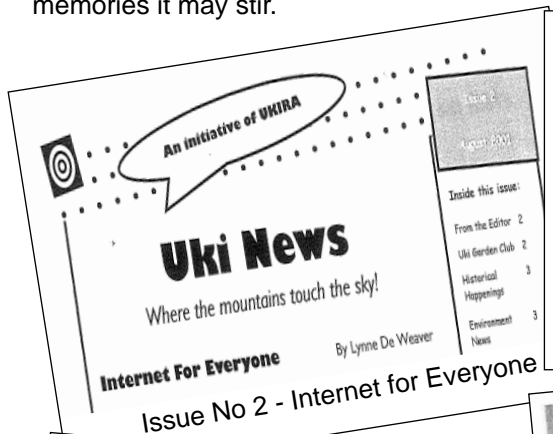
Mrs Betty Brims who drove the school bus to Uki School from 1956 until 2010. She is accompanied by her son Wayne, who attended the school from 1973 to 1980 and who now drives a school bus, and little Rose who is currently enrolled.



Covering the News in Uki 2001 to 2018

The Editors

Since May 2001 the Uki News has been reporting the issues that continue to shape the Uki Community. The Editors have chosen a selection of previous Uki News covers from the first Issue to the Issue you hold in your hands. We hope you enjoy the 'look back' and the memories it may stir.



Astrology

Paola Emma

We are now well into the Uranus in Taurus era. As usual astrology seems to have anticipated much of the tensions and disruptive events, as well as the breakthroughs and evolutionary upheavals in store for the world at this time.

June and July 2018 sees a return of some of the most intense transits already active in mid May, while another eclipse season is upon us too. It will start at the July 13, Cancer 20° New Moon Partial Solar Eclipse, continuing to the July 28, Aquarius 04° Full Moon Total Lunar Eclipse, and ending on the August 11, Leo 18° New Moon Partial Solar Eclipse; three events rather than the usual two.

If your birthday falls very close, a day or so, from these dates the eclipses could prove significant for you, marking an emotional climax of some kind (Lunar Eclipse) or new beginnings in some area of your life, responding to a new level of awareness within (Solar Eclipses). Similar effects are possible if the Moon or any planet or angle in your Birth Horoscope happen to be on or around 20th degree of Cancer, Capricorn, Aries or Libra (Lunar Eclipse), and/or the 4th/5th and the 18th degrees of Aquarius, Leo, Taurus or Scorpio (Solar Eclipse).

The Taurus Uranian era will last for the seven years stay of Uranus in this Fixed Earth Sign (until 2025). In the long or short term, depending on our personal alignment to these cosmic events, it will be better if we prepare for major and rapid transformations in our world. Being complacent could find us unprepared for the necessary adjustments to new circumstances.

The very positive side of all of this will be about aligning ourselves to our truer purpose, asserting more openly our individuality, breaking with old moulds and taboos by defying social and family convention/conditioning. In the line of major impact will be the Fixed Signs, Taurus, of course, and also Scorpio, Leo and Aquarius. Depending on the exact position of Sun, Moon and planets in our Birth Horoscopes these transits will be close and personal to us, or manifest mainly as changes in the general environment, impacting on our life in an indirect way.

From the time of writing, end of May 2018 to mid



August, than again from the end of August to September 11, Mars will transit the Fixed Air Sign of Aquarius. Salient transits of Mars will be the alignment to the Lunar Nodes on June 8 and July 20, and the Mars-Uranus 90 degrees angle, from the week of May 16, to the weeks of August 2 and September 19. These difficult angles and the

also challenging 45 degree angle of Uranus to Neptune (June 16, December 15, 2018, + May 2, 2019) will dominate the whole period. Rebellion and defiance are in the air; everybody seems more opinionated and stubborn than ever; the world is not shying away from open confrontations. Conflicts of ideas and ideologies could prevail; rationalism versus idealism; technology versus ecology. Many will need to stand up to uphold or defend the evolutionary principles and ideals of a just and tolerant world, because reactionary and ultra conservative traditions will not give up their grip on the planet without a good fight (Mars).

Manifestations of these conflicting forces are the present increase in tectonic and volcanic activities and in war-like posturing from world leaders. Look historically at the high cost modern democracies had to pay to stay alive during the last Uranus in Taurus epoch, 1934/35 to 1941/42. With all the differences between the world now and the world of 84 plus years ago we are facing somewhat similar challenges, with rapid increase in governments power mongering, with the surge of dictatorship and general war-mongering around the globe, and the ever greedy corporations and financial institutions' control over our lives.

Timeline for the Mars' Retro period

- Mars turns Retro in Aquarius on June 27
- Mars re-enters Capricorn on August 13
- Mars turns Direct in Capricorn on August 28
- Mars re-enter Aquarius on September 11

Let's stay cool but alert, embracing the changes that come our way. They may seem daunting but they are really opportunities to rise above stagnant situations, allowing better things to manifest in our life. ✨



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