

# UKI NEWS

An initiative of the Uki and Districts Residents' Association (UKIRA)

Proudly Sponsored by the Uki Pharmacy

Issue 42 August/September 2008

'The best read on the Tweed!'



Dancers whirl across the floor at this year's Uki Ball.

## ***The Ball in the Hall***

Joy Armour turned 87 recently. She and her close friend, Ida Daly, a sprightly 80 year old, organised this year's Uki Country Ball. Mind you, they're not without experience. They've been attending these balls for over 20 years. And their evening was a great success – more than a hundred dancers turned out and they raised \$1,070 towards the restoration of Uki Hall.

Ida describes the ball as 'four generations of family fun'. With a little help from friends, Joy and Ida prepared twelve large loaves worth of sandwiches and over three hundred cakes. 'Not a sandwich too many,' said Joy, 'and hardly a cake left.' 'That's the Ball,' nodded Ida.

The Uki Ball is one of thirteen in the 'Miss Tweed Country Balls' circuit which culminates in the final held in Murwillumbah in September. They've been running for 37 years; one of the founders, Aub Gresham from Crystal Creek, has

attended over 400.

Some see them as an anachronism, and wonder how long they can occupy the same venue as, for example, the Glo Dance. But if this ball was anything to go by, their future is assured. All four generations were very well represented.

And there were some enthusiastic new dancers from Uki. Lisa Gair said she 'couldn't believe what she'd been missing out on', describing the evening as 'great fun'. For more information call 6672 5361.

Joy and Ida would like to thank their sponsors: Bianchetti Family, Betty Brims, Hardings, UKIRA, Uki Shopping Centre, Uki Café, Uki Post Office, Curl-up-And-Dye Hair-dressing, Uki Electrical, Sharp Cuts Hair Styles, Uki Chemist, Uki Bakery, Retra Vision, Eternal Dreaming, Mt Burrell Fruit, Thelma Dusi and Debbie Vears.

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## **Uki Church Services**

Mass at St Columba's Catholic Church 1<sup>st</sup> and 3<sup>rd</sup> Sundays of each month at 10am.

Holy Trinity Anglican Church Holy Communion 1<sup>st</sup> and 3<sup>rd</sup> Sundays.

Morning Prayer 2<sup>nd</sup>, 4<sup>th</sup>, 5<sup>th</sup> Sundays all at 9am.

The Annual General Meeting of the Association took place on 1 July and a new committee was elected for 2008/2009. This year saw the resignation of Gloria Roszkiewicz from the committee of UKIRA after more than 10 years service, most of that as Secretary. Gloria's tireless efforts on behalf of the community, particularly her involvement in the purchase and ongoing management of the Butter Factory, have done much to enhance the amenity of our village centre. Her work will be remembered through the community ownership of this wonderful asset for future generations of Uki residents.

This year also saw the resignation of committee member Kaye Wilson after 5 years service. Kaye has been a keen worker for Uki residents and an active participant in

UKIRA's collective decision making. For the past few years, Kaye has been the organiser of the very successful Community Xmas Party and her efforts will be missed.

Those committee members re-elected for another year were myself (President), Sam Quint (Vice President), Maggie Wilkins-Russell (Secretary), Phil Carr (Treasurer) and Eddie Roberts. The two vacant committee positions were filled by Mary and Scott Lambert. We welcome Mary and Scott who, in their short time living in Uki, have already proved to be willing volunteers in community activities. They will bring fresh perspectives and new ideas for the year ahead.

Finally, I want to convey appreciation to Anita Morton who retires as editor after this edition of the Uki

News having served for 2 years in that position. Anita took over when our publication needed some rebuilding and, as I'm sure readers will agree, she was able to re-establish the Uki News as the premier source of news, views and information for Uki and district. Our new editor will be life-long Uki resident Srisa Heffernan. I would like to thank Srisa for taking on the challenge and I look forward to her particular style coming through the pages of the Uki News in future editions.

**UKIRA** is the Uki village and Districts Residents' Association Incorporated, a not-for-profit community organisation that provides a forum for residents to discuss and act upon local issues. You can contact President Barry Longland on 6679 5220. **UKIRA MEETINGS** are held on the 1st Tuesday of each month in the Uki Hall at 7pm. Please come along to our next meetings on 2 September and 7 October.

**Editorial**

As you may already know, this is my last edition of the Uki News. After more than two years and 14 editions, it's time to hand the reins to a new editor. I'm happy to know that Srisa Heffernan is full of enthusiasm for the task, and I'm sure we'll see many beneficial changes to the News under her guidance.

Thank you to all of the contributors over the years—your interest in and commitment to your community is inspiring. I know that you will continue to support the Uki News and I look forward to reading your contributions in each new edi-

tion—for the first time, not after I've already edited them!

A sincere thanks to all of the advertisers, especially our 'regulars', without whose support it is not possible to produce the News. Thank you also for tolerating the occasional editorial failure or printing malfunction. Putting the News together is a fairly complex opera-

**Disclaimer**  
The opinions and views expressed in this newsletter are the contributor's own. They are not necessarily those of the Uki News nor of UKIRA.

tion, and things can go wrong (and frequently do!)

Lastly, I would like to thank the readers, both for their compliments and for their input into the paper. I'm sure Srisa will join me in encouraging you all to continue to make suggestions for articles and topics of interest. Remember, the Uki News is **your** local paper.

**Deadline for Issue 43 is 22 September (unless Srisa lets you know otherwise!)**  
Anita Morton

## Who to contact

If you would like to discuss any Uki News business, please email Srisa at [theukinews@hotmail.com](mailto:theukinews@hotmail.com).

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## Village Voices

Steph and Tony Wright and baby Gabriella would like to thank the whole community for their well-wishes, cards and gifts. Gabriella is thriving, but still needs a bit of extra care because of her early arrival, and Steph and Tony are suffering from sleep deprivation. Please accept this as thanks to all for your kind support. A naming ceremony will be held later this year, to which everyone will be welcome. Details in the next issue of the News.

A reminder to all Uki residents that you need to discuss any proposed non-Australia Post parcel delivery at the Post Office with Peter and Lyn before you make the arrangements. Space at the Post Office is very limited, and it is not okay to assume that they can take responsibility for your stuff until it is convenient to pick it up. Talk to Peter and Lyn first!

The Tuesday card-players would welcome new members. Come along to the Hall for a convivial morning of card and board games at low cost. Phone Joy for more information on 6679 5297.

At their June meeting, the Garden Club marked their tenth year of operation with a ceremony to induct their founder, Julia Hancock as a life member of the Club. From its humble beginnings the Uki Garden Club has a membership of around 90 enthusiasts from all over the Tweed. See the Garden Club news on page 8.

**The next Lifeline sale will be held on Thursday 4 September.**



Picture shows Team Leader Douglas Meggatt, Eddie Roberts and Barry Longland together with participants at the graduation ceremony in the Uki Hall on July 22.

## Green Corps graduation day

July 22 saw the graduation of the Green Corps team that has been active in the village for the past 6 months. A great debt of gratitude is owed to the team for their efforts over this period. We have witnessed a transformation of the Tweed river bank behind the village and in the area now known as Centenary Park, (the large public space at the junction of the river and Rowland's Creek.)

In addition, the team has been active in garden maintenance around the Historical Society building, Hall park, War Memorial and park opposite the hotel, planting and maintenance at the Sports Ground, installation of bollards at the Buttery as well as weed control in the park opposite Glenock Rd. Under the guidance of expert team leader, Douglas Meggatt, Green Corps members also assisted with the provision of advice and support to the Uki Primary School planting day in Centenary Park. This event, organised by Eddie Roberts, succeeded in planting around 600 trees/shrubs. As part of their training, the team was also involved in

plant propagation work at the Uki Community Nursery. The team was also responsible for the construction of 25 Indian Mynah traps and the eradication of the invasive weed 'Coral Berry' in the lower reaches of Rowland's Creek.

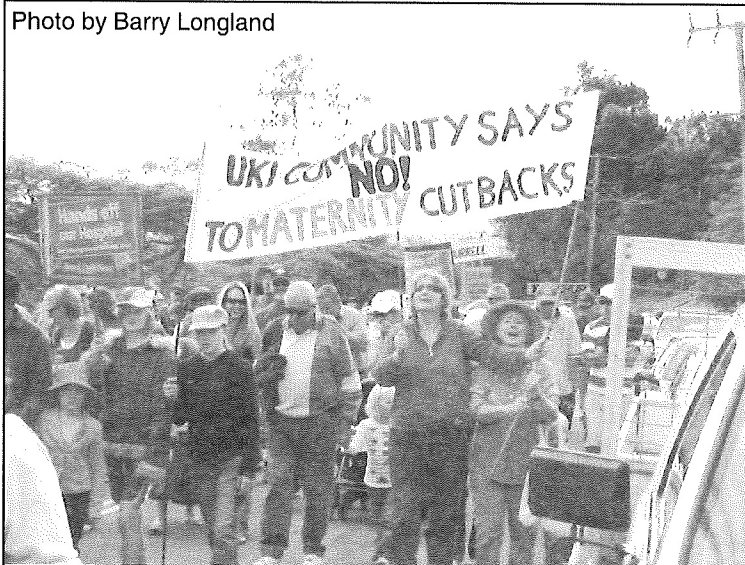
The community would also like to record their thanks to Job Futures as the job network provider responsible for our Green Corps project with UKIRA as partnering agency. Eddie Roberts was our local coordinator and, to him, we also convey our appreciation.

Eddie Roberts would also like to say 'Thank you' to all the volunteer groups, individuals and Tweed Shire Council for their help, support and encouragement to make the outcomes from the 2008 Uki Green Corps such a success with so much achieved.

A special thanks to Douglas Meggatt team leader and the team members Kessel Wall, Callie McDonald, Aaron Castellano, Kurt Lewis and Brendan O'Brien who survived the 'Buttery Bank' with smiles, and also Ian Walker who shared his extensive knowledge with the team, week in week out.

The hall fundraising committee is delighted to announce they are holding a **Trivia Night**, to be held at the hall on **Saturday August 23**. Doors open at 6pm, with a sausage sizzle available, delicious coffee and cakes, fabulous raffle prizes and the wonderful Bruce Ray as Master of Ceremonies! Put together a table, or come on your own – Cost is \$10 a head and all proceeds go towards repairing and restoring our beautiful hall. For bookings or enquiries, call Natascha on 6679 5677 or Judy on 6679 5855.

Photo by Barry Longland



Uki residents were prominent and vocal in support of the Murwillumbah Hospital maternity service at the recent rally in Murwillumbah.

## Local climate change initiatives

Tweed CAN (Climate Action Now) is our local climate change activism group. It meets on the first Monday of each month in the meeting room at the Murwillumbah Hotel at 6.30pm to discuss issues of interest, such as World Environment Day, the recent climate change forum at Southern Cross University, our educational presentations for school children, and the Beyond Building initiative (low cost solar power for clusters of households). Retaining full facilities at Murwillumbah Hospital was considered essential in light of rising sea levels and the low elevation of Tweed Heads Hospital.

If you are worrying about climate change, maybe now is a good time to get involved. More information is available at the website [www.tweedcan.org.au](http://www.tweedcan.org.au) or contact Eddie Roberts 6679 4079. Car pooling can be organised from Uki and beyond to get to the Monday night meeting.

## Online storage

by Robert Harrell

We're wedded to the hard drive as a storage medium, but despite the excitement of seeing terabyte drives in stores for around \$300, getting unlimited storage gratis clearly offers better value.

Hard drives have many things going for them, the chief of which is they offer fast access to files because they're attached to your PC. But with free, unlimited online storage on offer, can it be long before we dump our hard drives?

Now we're in the broadband era, and traffic quotas from ISPs are increasing, Xdrive.com offers 5GB of free dedicated storage but wants money before they dole out any

more. Why bother with that when I have a 16GB USB drive on my key-ring?

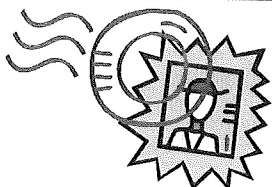
Online storage will take off when we learn to let go of the desktop, folder and files structure, and let our files fall where they may. 'Share on Ovi' doesn't look like an online drive; it's more a social networking site like Flickr. You upload photos to share with friends, family and the world, and to do things with them, not to back them up, but the free unlimited storage encourages you to upload all your photos – or at least the ones you'd care about losing if your hard drive crashed.

It's early days, but the beginnings of a new paradigm are clear, one where most of our documents are stored online, and find their way there in an organic fashion, rather than because we've backed them up to an online drive.

It will take some more innovative services, more affordable broadband internet plans and a mental shift on our part for online storage to reach its full potential. Once we feel comfortable doing the same for other file types, online storage will become at least a complementary option to hard drives, if not a complete replacement.

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## An appropriate blessing for today

by John Tyman

In addition to orders of Brothers and Sisters living in community, Saint Francis established a Third Order (to which I am privileged to belong) - of people who, while following the ordinary professions of life, felt called to dedicate their lives under a definite discipline and vows. The aims of the order are to proclaim Christ's love, to promote justice and harmony, and to live simply ... that others may simply live.

It is hard sometimes to adapt the

devotion of twelfth century mystics to the realities of the twenty-first century, but our intentions are obvious from our blessings:

May God bless you with the discomfort of easy answers, half truths and superficial relationships; so that you may live deeply within your heart.

May God bless you with anger at injustice, oppression and exploitation of people; so that you may work for justice, freedom and peace.

May God bless you with tears to shed for those who suffer from pain, rejection, and war;

so that you may reach out your hand to comfort them and turn their pain into joy.

May God bless you with enough foolishness to believe that you can make a difference in this world; so that you can do what others claim cannot be done.

Peace be with you, John.

## Hall fundraising

After renovations to the Uki Hall were identified as a high priority in last year's Community Plan, a small committee formed to take on the task of making 2008 a year of fundraising for our aging Hall. That group is undertaking their activities under the auspices of UKIRA. Thanks to the overwhelming support and generosity of the Uki community, they have raised nearly \$5000 with still more events scheduled for the rest of the year. These include a trivia night (23 August) (see bottom of page 3 for more details), the Uki-topia Youth Arts Cabaret Dinner (18 October) (see insert), and the Images of Uki Exhibition (15/16 November) (see page 13 for a note about this event).

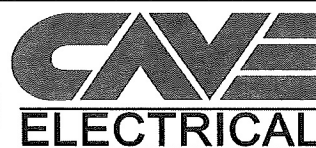
Their efforts have taken some of the pressure off a stretched Hall Trust membership who manage this wonderful facility on behalf of the rest of the community. The fundraising committee and the Hall Trust will be meeting to discuss the urgent renovation projects to which the funds can be applied. On behalf of the committee I would like to thank all those who have donated time, money, goodwill and goods to this effort.

Julia Hancock

## CAR POOLING AT UKI

Make a responsible decision for your environment and your community—start to log your car trips on the new Uki Village Car Pooling Forum on [www.ukivillage.com.au](http://www.ukivillage.com.au)

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## Astrological insights

by Paola Emma

Hi everyone. Highlights of this period: Leo Sun Eclipse (August 1) and Aquarius Moon Eclipse (August 17). These eclipses could be intensely romantic, but also fraught with danger of self-delusion and excessive idealism. This could prove an emotional tide for Aquarius (Feb. 10/14), Leo (Aug. 14/18), Taurus (May 12/16), Scorpio (Nov. 13/17). Things you are not usually aware of will become evident, either intriguing or unsettling you (Neptune's aspects). While a strong individualistic streak and a compelling desire for change will run through the lives of Pisces (Mar. 8/12), Virgo (Sep. 10/14), Gemini (Jun. 8/12), Sagittarius (Dec. 10/14). For all this could be an ideal time to explore our dream experiences, a time for healing, sharing tears and visions, feeling the beat of the global heart (Sun-Neptune opposition, August 15). The Sun Eclipse will be experienced as Total only in the lands of the Midnight Sun.

The Aquarius Lunar Eclipse (Aug. 17) will be visible from most countries in Europe and Africa, partially also from South America and Australia (before sunrise). West Australia will get the best view.

The Sun will conjunct Saturn on September 3. Virgo (Sep. 2/5), Pisces (Feb. 28/Mar.3), Gemini (Jun. 1/4), Sagittarius (Dec. 2/5) will feel the need for grounding and to establish a sense of personal responsibility. Don't let the daily bur-

den of duty and work spoil your mood or make you feel inadequate.

Between September and the year's end, Taurus (May 2/10), Capricorn (Dec. 24/Jan.5), Virgo (Sep. 4/12) may be visited by some long awaited luck, but you'd need to keep faith in your projects to reap the best rewards (Jupiter trine Saturn in Earth Signs).

The yearly opposition Sun-Uranus (September 13) will fan the wind of change into the lives of Virgo (Sep. 13/15), Pisces (Mar. 12/14), Gemini (Jun. 11/13), Sagittarius (Dec. 12/14). For some will be a life time opportunity to re-discover the path to your true self, to liberate yourself from guilt and fears. You may feel lonely for a while but also in better charge of your life.

Between August 19 and October 4, Mars will transit Libra, a great opportunity for peace loving Librans to savour the excitement of competition and self-affirmation.



## Cycling in Uki

**Saturday, August 30 at 11am** is a date and time that all local cyclists need to enter into their diaries now. We will meet at the Buttery to discuss cycling and enjoy a picnic lunch.

The purpose of this event is to draw attention to the need for better facilities for cycling in and around the village and, for that matter, throughout the Shire.

Dan Walton, Sustainability Officer from Tweed Shire has accepted an invitation to attend so we are hoping for a good turnout.

We want to use the event to get some publicity for our objectives, identified in the Community Plan, of creating a more cycle-friendly environment within the village and, in the longer term, a bike path that links Uki to Murwillumbah. Further information from Eddie Roberts ph 6679 4079.

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## MEDITATION

### Mt. Burrell



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Finishing at 8.30 p.m.

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**PHONE: Lyn A/H 6679.7298 if you are interested to join in.**

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The Society recently hosted a get-together at Uki. The afternoon was a huge success due in part to the great company of the guests, the venue, and the assistance of the Hall Trust in allowing us the use of the kitchen and access to the photographic display in the library area. The visitors were most impressed with the work done by the Trust.

An important announcement was made at the function. Life membership certificates were presented to three of our long standing members; Dot Lange - President for over 21 years, Mary Roberts - Secretary for 20 years and Joy Armour who handled publicity for about 20 years. The three women were totally surprised by the presentation and the audience of almost eighty loudly congratulated them.

Also at the presentation function, President of the Friends of the Tweed River Regional Museum, Gary Fidler, outlined plans for the new Museum at Flagstaff Hill, Tweeds Heads. Although the building of the Museum is a way off, Gary encouraged the community



(L to R) Joy, Dot and Mary proudly display their Life Membership Certificates. Photo by Barry Longland.

to join the Friends and support the Museum. Application forms are available at all Historical Societies.

Since the Society's inception in 1982 we have endeavoured to be there for the community. As word has spread more and more people are taking advantage the original local maps and records that we hold, some for research, others interest in their land holdings. Many in the community probably wonder what exactly goes on in the little

office. Well, a lot goes on I assure you. The amount of information we have is surprising.

Finally our thanks to the community, our members and the ever willing and capable Jayne and Kevin for making our presentation day such a success. Remember, the Office is open on Fridays and we meet on the second Saturday of the month at 10.00 a.m. Phone 02 6679 5890 for more information.

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.....  
Natascha Wernick launched her new venture, Babareki Business, last year to provide a business advice and mentoring service to small business in the Northern Rivers, particularly Uki and district.  
Natascha is hosting a series of information and networking business breakfasts in at the Uki café on the 3<sup>rd</sup> Thursday of every month. The June breakfast was attended by over 20 business people including musicians, artists, venue owners, massage therapists, health providers and hairdressers. One of the guests commented: 'I always meet someone interesting and learn something new and useful!' **The next breakfast will be 21 August .**  
For more information contact Natascha 6679 5677 or nwnick@bigpond.net.au  
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Main Street, Uki

## A tale of three possums

by Maree Coley

An amorous male possum decided to lavish his attentions on a female mountain brushtail, who was residing in the roof over the bathroom of a local residence. Little did he know that the lady he was courting had a juvenile at foot, and certainly wasn't taking advances from the likes of this hairy brute. A mighty scuffle ensued, the ceiling gave way and all three came crashing down. Guess who came out the worst for wear? Not Mum or Bub, that's for sure.

A frantic phone call was made for a carer to rescue the shredded intruder. It was late at night and our brave carer, after having found the

address by torchlight, got her car bogged in a drain. Not wanting to neglect her first duty, she found her way to the house and rescued the injured male possum amidst the blood and fur that now covered the bathroom walls. Mother and baby were safely ensconced in a nearby cupboard and weren't going anywhere. With Mr Possum safely secured it was now the carer's turn to be rescued.

A four wheel drive was needed, so a call was placed to a nearby member of our group who promptly turned up like a knight in shining armour. He rescued the carer, then had to be rescued himself when his

battery went flat. It's all in a night's work for such a dedicated crew.

The subject of our story was taken to King Street Vet Hospital, where he was anaesthetized and had his wounds cleaned and bandaged. It's amazing to see what damage a mother can do in defence of her young. The end of this tale is a happy one, for after four weeks of TLC, our amorous young gentleman is now free to try his luck once more.

Tweed Valley Wildlife Carers are a volunteer group dedicated to rescue and rehabilitation of wildlife. Phone 02 6672 4789.

## Garden Club notes

by Jenny Wein

More lovely rain – you can hear our gardens rejoicing and growing if you listen carefully.

We had a wonderful meeting at Uki last month, as which we made three surprise presentations to special Club members – Life Membership to Julia Hancock, who founded our Club 10 years ago, Life Membership to Stella Wilkie (aged 92) who has been a member since very early days of the Club, and an Encouragement Bursary of \$200 to Rohin Miles who was a finalist in the ABC Garden Competition and is a 4<sup>th</sup> Year Apprentice Gardener with Tweed Shire Council. We also played Garden Trivia after enjoying our usual swaps, a talk about grevilleas by Don and the delicious afternoon tea. Our



Jenny presents the life membership to Julia

next meeting was to be at the Miles Family garden and we were disappointed to learn that the access road is dangerous at present so our visit will be postponed until early 2009.

I was wandering in my front garden, enjoying the beautiful camellia flowers, when I discovered tiny flowers on my *Leucojum*. Well,

that's normal, I hear you say, but my pleasure comes from knowing that I brought them and some *Acanthus* from my grandparent's garden in Mosman, Sydney when I was 14.

I'm pleased to report that I already have verbal nominations for the positions of President and Secretary of the Club. Our Vice-President, Dianne Stevenson, will continue her term and Julia will continue with the newsletter. Kate will continue as Librarian. We need nominations for Treasurer, Ordinary Member (at least 3), Public Officer, Hon. Auditor. All Executive Positions are for a maximum term of 2 years so all members can be involved in their Club administration.

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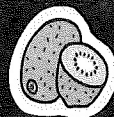
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## Uki Hall Schedule

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Tuesday	Cards 9.30 am Middle-eastern dance 9.00 to 11.00am
Wednesday	Yoga 8.30 to 10.00 am Creative Movement/Dance For 3 to 5 year olds 10.15 to 11.45 am Wendy's singing group 6.00 to 7.30pm
Thursday	Circle Dance 10.00am to 12.00 noon Yoga 5.30 to 7.00 pm Indoor bowls 7.30 pm
Friday	Yoga (with Naomi) 8.00 to 9.45 am Vocal Expression 10.30 am to 12.30pm Gl'o Dance one a month, 3rd or 4th Friday night
Saturday	Produce and craft market 8.00 am to 12.30 pm Hap Ki Do 2.00pm to 4.00pm

The Residents Association meets at the Hall on the first Tuesday of every month at 7.00pm.

The RSL meets at the Hall on the second Sunday of every even-numbered month.

## Red Cross

### Report

With Joy Armour



Uki Red Cross held their AGM on 15 July in the Uki Hall. There was a good attendance and several apologies. In the absence of President Betty, Vice President Pauline read Betty's report.

We had a very successful year, sending over \$4,000 to Headquarters. We supported the victims of the Chinese earthquake, and the NSW drought appeal.

Thank you to everyone who supported our appeal days and to all the helpers in the kitchen on the day. The lunches are very popular. Also, thank you to the Garden Club for their continued support. The Winter Appeal alone, held on 30 May, raised over \$1,300. Winners of the competitions during the Winter Appeal were Vi Clark, M Broadbridge, S Sweetnam, B Bulmer, O Baxter and J Timmer.

Our Zone Rep Marie Ivor then took the chair for the election of officers, which had the following results:

President – Pauline Carroll

Vice Presidents – Joy Armour and Desiree Saunders

Secretary – Val Bell

Treasurer – Betty Brims

Auditor – Helen Mills

Publicity – Joy Armour

Patron – Val Bell

Marie congratulated everyone on a job well done. The General Meeting followed.

## UKI BAKERY

At the Buttery

**We offer you a range of delicious fresh bread, pies, small cakes and slices. We welcome your orders and would love to meet you. Call in and see Michelle, Ron and David for friendly service and wholesome country cooking.**

**We are open Mon – Friday 8am – 4pm**

**Mon – Sat 8am – 1pm.**

**Phone 6679 5838.**

# Kaye's Kitchen

By Kaye Wilson



## Custard Icecream

- 375 ml evaporated skim milk
- 1 ½ tbs custard powder
- 1 tsp vanilla essence
- 1 tbs sugar
- 2 eggs separated

Combine evaporated milk and custard powder in a saucepan and bring to boil. Reduce heat and simmer 2 min. Remove from heat and stir in vanilla essence, sugar and beaten egg yolks.

Whisk until thoroughly combined. Pour into freezer tray, cover and freeze until partially set. Beat egg whites until stiff, fold gently through mixture and return to freezer until firm. Serves 4.

## CRAG Update

Following the hearing in the Land and Environment Court held in April, the court granted an extension of time to Nightcap Township developer in order to submit previously requested documentation pertaining to necessary infrastructure within the proposed township development. See previous issue of UKIRA News.

The developer now has an extension of time until 8 August 2008. This is the final extension of time that the court will allow for the submission of necessary documentation. Tweed Shire Council will then have until 3 October 2008 to submit further documentation in support of its case in opposing the township.

A further hearing will then be scheduled in the Land and Environment Court on 10 October 2008. This will be the final hearing within this court where a further date and time will be scheduled for a full determination of the Nightcap Township development. For further information call John Donvito on 66797273.

## To market, to market ....

The Butter Factory merchants are starting a new Saturday Arts and Crafts market from 23 August. All artists and craftspeople are invited to phone Re at the CTC on 6679 5399 on weekdays to book a stall. Be quick, limited spots available.

Local craftspeople are also welcome, as always, at the Uki Hall produce and craft market every Saturday morning, as are stallholders with produce, flowers etc. Please phone Anita on 6679 5438 for more information. Sorry, no mass produced items or second-hand goods.

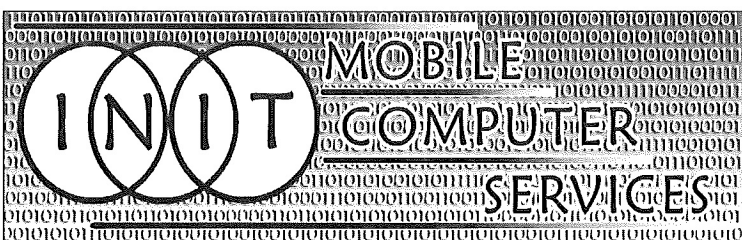
And last but not least, don't forget the Buttery Bazaar – held once a month on the third Sunday. To book a stall, please phone Kara on 6679 9026.

## Contributions sought

Do you have an event coming up, a special achievement, a worthy cause, or a particular interest? Share it with your community by contributing to the Uki News!

Email contributions to [theukinews@hotmail.com](mailto:theukinews@hotmail.com), or post them to The Uki News, c/- Post Office, Uki.

Next Uki Buttery Bazaar Market Sunday 17 of August



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- Partial Dentures
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- Repairs
- Mouthguards
- Wheelchair Access



## Birdwatching

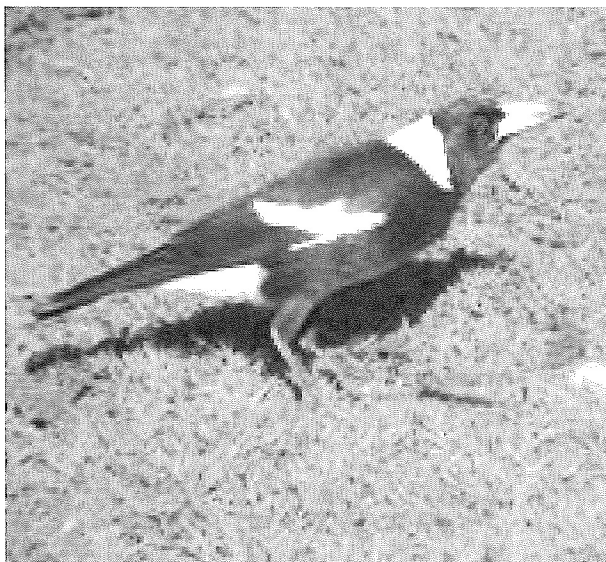
by Doug Davidson

### Australian Magpie

*Gymnorhina tibicen* (38 to 44cm)

There are three races of this bird – the local race (tibicen) is the black-backed magpie and is the nominate form. The white-backed race (hypoleuca) is found in southern NSW, Victoria and SA, and race dorsalis is found in WA. The dorsalis male is similar to the white-backed male, but the dorsalis female is considerably darker on the back of neck and upper back than the female white-backed form.

This bird feeds mostly on the ground, eating grubs, worms and insects. Resident territorial groups and other aggregations play and skirmish noisily. Their flight is swift and direct with a characteristic noisy lashing of the wings, and reveals the angled white bars on the black underwings. Magpies are



aggressive to humans near their nest, and will kill smaller birds and mice. Magpies can be tame in parks and gardens.

Voice: a rich, mellow organ-like carolling, often by several at night, and a quiet sub-song that includes mimicry.

Habitat: almost anywhere there

are trees and open areas of bare soft ground or grass – orchards, golf courses, playing fields, gardens etc.

Breeds: June to December. Nest is a compact shallow bowl of sticks, lined with grass, rootlets, hair etc. It is made in a fork or on a branch towards the outer part of a tree 5 to 16 m high, though sometimes also in shrubs near the ground.

Eggs: 2 – 3 occasionally up to five. They are grey, brown, pale blue – typically blue-green spotted brown.

Range and status: entire continent except the driest deserts, far Top End, Groote Eylandt and the far north Cape York. Also found in Papua New Guinea, and was introduced to New Zealand.

Enjoy your birdwatching.

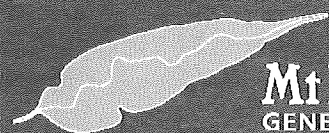
## UKI AUTO-ELECTRICAL SERVICE

For all your auto-electrical repairs  
Mobile service in the Uki area

Ph: 6679 5481

## New edition of grass book

Margaret Elliott and Nullum Publications have produced a new edition of the grass book. It is worth having this expanded edition of the book because there are both line drawings and colour photographs (on the accompanying CD-ROM). Margaret's knowledge and observation of grasses is demonstrated in her drawings, enabling her to focus on important details that may be missed in photos. The text is in Plain English, making the information accessible to ordinary people. Published locally, it is available at the Caldera Environment Centre and outlets in Uki. Phone Penny on 02 6679 5257 for information.



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Cold Beer & Wine	Fuel & Gas
Meat & Ice	Free Range Eggs

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# autograph

PROPERTIES

DESIGNERS & BUILDERS

Ph: (0418) 234 914

autog@bigpond.com

BL:42837

Our intestines are home to an astonishing number of micro-flora – both good and bad. The ‘bad’ ones, such as *Escherichia coli*, *Salmonella* and *Clostridium*, are generally kept in check by the ‘good’ bacteria. Without the proper balance within the gut flora, food may be poorly digested and absorbed, leading to nutritional deficiency. In addition, many ‘bad’ bacteria produce toxic by-products, which can damage the gut wall, compromising gut function and potentially leading to ‘leaky-gut’ (damaged intestinal walls allow toxins to pass through into the blood stream) – a contributing factor in many chronic health problems. New research also points to the critical role the micro-flora play in the immune system. Studies are confirming that the immune system is not a specific entity in itself, but an interaction between our cells

and the ‘foreign’ intestinal flora. ‘About 75 percent of the immune cells are localised to the gut, and almost all immune cells in the body are conditioned in the gut’, says Professor Stig Bengmark of University College, London.

Probiotic (‘for life’) yoghurts, drinks and supplements have become commonplace. Probiotic supplements, which contain millions of the ‘good’ bacteria, have largely been used to restore or maintain gut health, particularly after taking antibiotics. Whilst this is a very important application, there is increasing recognition of the wider therapeutic roles for many of the probiotic strains. For example, clinical applications of *Saccharomyces boulardii* (SB) can include:

- Strengthens gastrointestinal immunity

- Leaky gut – decreases gut permeability and increases nutrient absorption
- Ameliorate food sensitivities/allergies
- May assist in the management of medically diagnosed Irritable Bowel Syndrome
- Management of mild digestive disturbances
- Diarrhoea – as a preventative and symptom reliever.

Caution – anyone who has had a perforated bowel or bowel surgery, and those with a true yeast allergy should avoid SB until other gut work has been done. For individualised advice about the potential relevance or benefits of probiotic supplementation for you, consult a qualified health professional.

**Images of Uki reminder**

It’s not too late for artists to submit their entries into the ‘Images of Uki’ exhibition to be held on 15/16 November (even though the nomination form states that entries should be in by 31 July). Forms can still be collected from Uki CTC, Precious Earth, Uki Post Office, Uki Cafe and Jabiru in Murwillumbah.

**babarekibusiness**

**Uki Small Business Skills Course**

**Get ready for success!** Small and home based business people are invited to enroll in a 6 week small business skills course. **3 hours a week for 6 weeks.**

This tailor-made course will cover target marketing, e-marketing, selling strategies, databases, business planning and much, much more.

**Book now – Limited places**  
Enrollments due by 10 August  
nwnerick@bigpond.net.au  
Or Natascha 6679 5677

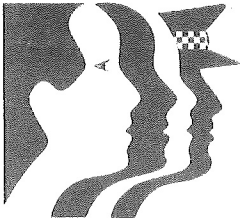
**Details**

Wednesday 11:30-2:30  
13 Aug. 2008 - 17 Sept.  
Uki Hall \$25 a day

**OOSH after school hours care 3 to 6pm Monday to Friday Phone 6679 5128**

**SHAMBALA**  
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## Neighbourhood watch.

NSW POLICE SERVICE

Working for Safer Communities

As a response to hooning behaviour, the Police through Tweed/Byron Highway Patrol have introduced new measures to enable the community to assist in stamping out this dangerous practice.

Offenders can be dealt with in two ways: they are either detected by Police while committing the offence, or Police can respond to a community observation of the offence.

The Tweed/Byron Command has provided us in Uki with Incident Report Forms that can be used by residents who observe this hooning behaviour. Residents need to be aware that reporting these incidents to the Police in this way may involve having to attend court as a witness in any prosecution.

Copies of the forms can be obtained through UKIRA's Neighbourhood Watch Co-ordinator on 6679-5777.

Useful numbers:

Police Assistance Line 131 444

(for non-emergencies)

Crime Stoppers 1800 333 000

The Butter Factory is starting a New Saturday Morning

Arts & Crafts Market,

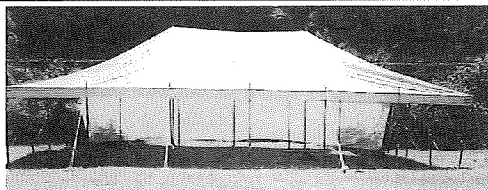
commencing Saturday 23<sup>rd</sup> of August.

Stall Holders Wanted

For Bookings phone Re at CTC weekdays

66795399

Be Quick - Limited Spots available



PARTY OR FUNCTION?!

MARQUEE FOR HIRE—SERVICING THE TWEED

For all your sporting events, school fetes, functions & parties!

Tables & chairs also available

Call Greg or Ruth on 6679 5226 to reserve your dates now!



It's been busy time for the Preschool with ongoing program developments and lots of activities. We drew our Australia Zoo Raffle at the end of Term 2. First prize was an adult and child pass to Australia Zoo, with second

prize being a signed Irwin Family Print. Congratulations to the winners the Quantrills and the Ericksons, and many thanks to those who sold tickets!

We held a working bee during the school holidays, and some important work on the preschool room and grounds was achieved by those dedicated members who attended. Many thanks to YOU!

We also said a fond farewell at the end of term 2 to our longstanding staff member Carl Palmer who retired after many years of dedicated and committed service to the Preschool. He was sent off with a bang with a lovely afternoon tea which was extremely well attended by students past and present. He is being missed by the children who have come to think of Carl as part of the furniture. However, we are looking forward to another productive period in terms 3 and 4.

We are currently busily planning our Little Day Out and Trivia Nights; as well as applying for grants which will assist us to make improvements to our preschool environment. We are also helping out with the Speed on Tweed Festival to support both the festival and help raise much needed funds for the Preschool, and are undertaking some important public relations work to increase Preschool numbers such as reviewing Preschool brochures and contributing to a new website for Early Childhood Centres around the Tweed district. You can get ongoing updates about the Preschool by visiting the site at [www.murwillumbahonline.com/murbahbaby](http://www.murwillumbahonline.com/murbahbaby). Also, you can keep your eye out for updates about these events in local news.

Finally a **Special General Meeting of Parents** is being held at the **Uki Hall** on Wednesday **13 August** between **4pm and 5pm** to keep our parent membership informed of developments within the Preschool. We encourage ALL parents to attend to ensure they have input into the future of the Preschool.

The Uki Café

Open 7 days 8am - 4pm and Fri., Sat. evenings  
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2 Rowlands Creek Rd, Uki NSW 2484

ph: 02 6679 5351



# ART BEAT

## TWEED RIVER ART GALLERY

On display from 7 August  
- 21 September

All are welcome to attend the  
official opening of these  
exhibitions

on Saturday 9 August at  
5.00pm (for 5.30pm)

### Olive Cotton Award for photographic portraiture

- this Award is a national annual  
award offering a major acquisi-  
tive prize of \$10,000 supported  
by the family of Olive Cotton.  
The Friends of the Tweed River  
Art Gallery also sponsor Direc-  
tor's Choice awards to the value  
of \$2,000. Selected from en-  
trants across Australia the exhi-  
bition is a significant opportunity  
for both emerging and estab-  
lished photographers.

**Sunday 10 August 2pm**

Exhibition Floor talk: Olive Cot-  
ton Award with Rex Dupain

**Sunday 21 September 2pm** Ex-  
hibition Floor talk: Olive Cotton  
Award with Anouk Beck

**Telltales** - during her many  
travels and long search to find a  
'home' country, **Duke Albada**  
has accumulated a wealth of  
encounters that have shaped  
her personally and influenced

her ideas. *Telltales* is comprised  
of contemporary sculptural  
works in experimental media  
that recount Duke's travel and  
migratory endeavours.

**Hoon** - is an exhibition that  
explores the world of hot cars  
and slick paint jobs. This exhi-  
bition is scheduled to coincide  
with Murwillumbah's favourite  
festival, 'Speed on Tweed'.

**FACELIFT** - from  
**Wednesday 10 Septem-  
ber**, in time for the Gallery's  
gala 20th anniversary cele-  
brations, the Gallery's Portrait  
Collection will be given a  
*Facelift* with an attractive re-  
hang of our painted and pho-  
tographic portraits in the  
Withey Family Gallery and  
Anthony Gallery.

**Tweed River Art Gallery Re-  
search Library:** The Gallery  
thanks Shirley Kennedy for  
her ongoing volunteer work in  
maintaining our artist's bio-  
graphical files and managing  
our research library. Shirley is  
offering her time, by appoint-  
ment, on Wednesday after-  
noons to assist students with  
research in the library. Tele-  
phone 02 6670 2790 for ap-  
pointments.

## Creative Dance

Workshop with  
**Susan Barling**  
Former principal dancer with  
The Sydney Dance Company

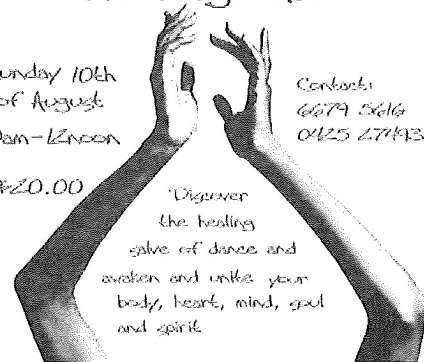
Uki Village Hall

Sunday 10th  
of August  
10am-12noon

Contacts:  
6679 5616  
0425 274937

\$20.00

Discover  
the healing  
solve of dance and  
awaken and unite your  
body, heart, mind, soul  
and spirit



The Olive Cotton national photo-  
graphic portrait competition this  
year includes the work of Uki lo-  
cals Mary Lambert and Peri  
Wain.

The selected works by Mary and  
Peri are photos of local people,  
so when you look around the ex-  
hibition you'll be sure to spot  
them before you even read the  
title cards!

Well done Mary and Peri, and  
good luck with the competition.

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## Gallery 100

100 Braeside Drive, Uki

**Sculptures by Brian Bertram**

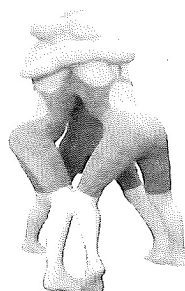
Open the third Sunday of each

month 10.00am to 4.00pm,

and by request to:

102 Braeside Drive, or

phone 6679 5230



## **Build your own bush rocks part 2**

**by Brian Bertram**

In the last issue, I covered the first stages of making your own bush rocks, ending up with the basic shape made and covered with the first layer of mortar. The basic structure then needs to be given a finishing layer.

1. Add black oxide cement colouring to your mortar mix as a base colour, and trowel the mortar over the rock form. This layer must be brought to the finished shape, complete with cracks, edges, flaking bits etc.
2. Surface colouring comes

next, before the mortar layer sets. I sprinkle the surface, unevenly and sparingly, with a red/brown oxide cement colouring, followed by more of the black oxide, and then pat down the surface with a torn piece of poly foam. Next, add final details with a medium paintbrush and small tools.

3. Finally, sprinkle it unevenly with yellow and green oxide, and perhaps adjust the colour further. Last of all, take a couple of handfuls of dirt or small gravel and throw it hard at the rock. This will

pit the surface.

That's it. You now have a rock made to your own specifications, which will only get better looking as it weathers and acquires a natural patina. As a final touch, you could make an unobtrusive opening into the hollow centre of the rock for the benefit of little critters.

Note; casting plaster and Hessian, together with premixed mortar, are all available at JH Williams plumbing and building supplies section in Buchanan Street.

## **Kunghur Fire Brigade**

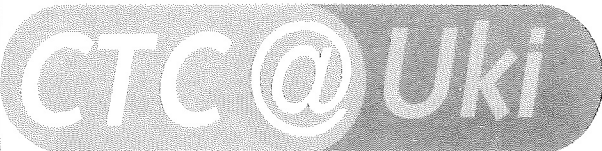
**by Ron Duckworth**

The Christmas in June function held at the Longhouse Dining Facility at Kunghur was an outstanding success. Chef Paul Scott and his Inter Action Catering team provided a delicious and plentiful meal. We thank Paul and Greg for initiating this fundraiser for the Kunghur Rural Fire Brigade. We also thank the large crowd of sup-

porters from the community. The Kunghur Fire Shed being on tank water needs a pressure pump for the kitchen, toilet etc. The money donated from the function will go towards purchasing a pump.

At the recent AGM held on the 13th July the following volunteers were elected for the 2008-9 year. President: Jim O'Brien, Secretary/

Treasurer: Bebe Bateman, Vice President: Ken Vincent, Captain: Ron Duckworth, Senior Deputy Captain- Morry Milsom, Deputy Captain: Jim O'Brien, Deputy Captain: Simon Flower. Information about joining our Brigade and training times phone Ron Duckworth: 6679 9121.



**Support your local CTC. Buy a Uki cap. Top Quality. Only \$15. All proceeds to support the CTC**



## **Volunteers Needed**

**The Buttery, Kyogle Rd, Uki 2484 - Ph / Fax : 02 6679 5399  
Your LOCAL non-profit community asset**

## **Photo Competition**

**Don't forget to get your photos in for the 2009 calendar. Entries close 15th August. The theme is 'Feeling of Uki. Photos can be submitted electronically to our email address.**

### **Digital Camera Club**

**The Camera Club meets at the CTC on the last Friday of every month from 1pm until 3.00pm. Come and join, have some fun and learn how to get the best from your digital camera. Cost is \$10 joining fee (free to current members) and \$4 per session**

**Check out our Website  
[www. Ukivillage.com.au](http://www.Ukivillage.com.au)**